## Glove Sizing

It is very important that the correct glove size is provided and worn and clear guidance is provided to ensure that sizing is right first time. Two measurements are required to establish the correct size - the hand circumference ( $\mathrm{A}=$ right hand palm down, fingers together, across knuckles) and length ( $B=$ distance between wrist and tip of middle finger).
Measurements given in mm

this page on A4 paper
in landscape and select 'Actual Size' in print settings

| Glove sizes | $\mathbf{6}$ | $\mathbf{7}$ | $\mathbf{8}$ | $\mathbf{9}$ | 10 | $\mathbf{1 1}$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Measurements in mm |  |  |  |  |  |  |
| Min. length of glove | 220 | 230 | 240 | 250 | 260 | 270 |
| Hand circumference <br> (A) | 152 | 178 | 203 | 229 | 254 | 279 |
| Hand length (B) | 160 | 171 | 182 | 192 | 204 | 215 |

The above measurements are in accordance with AS/NZS 21611:2000, AS/NZS
2161.2:2005 (EN 420:2003)

For a more accurate measure please follow the instructions set out on the right. The above chart is a quick reference only.

